

Infant Development Program

Home and Community Based Early Intervention

Serving Families since 1976

Main Line: (916) 228-2511 • Referrals: 228-2514/228-2516 or IDPReferral@scoe.net



Our Program

The Sacramento County Office of Education Infant Development Program provides services to eligible children from birth through 36 months of age who have delays in one or more areas of development. We provide free educational opportunities in your home and community.

The family is the most important influence in the growth and development of a child. We partner with you and your family to build on strengths, work on challenges and create a plan for assisting with your child's development.

Visits with you and your family in your home and community give us the opportunity to get to know you and your child. Together, we will recognize your child's current abilities and identify specific opportunities to support his or her development.

Through play and parent education, we will help you discover teachable moments within the context of your everyday routines and activities. With your family, we work to achieve selected outcomes based upon your priorities.

We support you by providing information, community resources and activities that address your child and family needs.

We...

Recognize:

Each child and family is unique.

Listen:

You are the parent of your child.

You know your child's likes, dislikes, strengths and abilities.

What are your concerns, hopes and priorities?

Educate:

Learning for a young child happens within the context of his or her home and family.

We help families become more aware of learning opportunities as they occur within daily routines.

Support:

Opportunities to meet other families through community events and activities.

The Infant Development Program is recognized by the California Department of Education as a model for exemplary practices and comprehensive services in the field of Early Intervention. Highlighted areas of expertise include Assistive Technology, Natural Environments, Family Involvement, Part C to Part B Transition, Leadership, Low Incidence, and Interagency Collaboration.



“To the maximum extent appropriate, early intervention services are to be provided in natural environments, including the home and community settings in which children without disabilities participate.” Individuals with Disabilities Education Act (IDEA) Part C 632(4)(6)

“Natural environments” are locations, learning environments and learning opportunities within the context of your family. They include any interaction between you, your child, or others that facilitates your child learning about their world and learning the skills to function in it. The term “early intervention” is a package of supports and services available to you, your family, and your child. It is not a place where you bring your child to have things done in an attempt to “fix” what may be perceived to be wrong.

Why Natural Environments?

- Young children benefit most from learning throughout the day.
- Children must experience living, playing, and communicating in the “real world” in order to become fully included in the community.

Activities within natural learning environments may include meal times, bath time, family visits, community outings and celebrations.



“We worry about what a child will become tomorrow, yet we forget that he is someone today”

- Stacia Tauscher

Home and Community Visits

We utilize transdisciplinary teams of early intervention professionals with highly qualified educational training, advanced degrees, specific accreditation and certification in the field areas of:

- Early Childhood Special Education
- Child Development
- Speech and Language Therapy
- Occupational Therapy
- Physical Therapy
- Nursing
- Nutrition
- Hearing
- Vision
- Assistive Technology
- Reflective Practice
- Counseling
- Infant-Parent Mental Health

Team members will provide early intervention services in your home and community, based upon your child’s assessed needs and your family’s concerns and priorities. Our goal is to develop services and the supports that are specific to your family.

We provide educational collaboration with various community agencies such as: WarmLine Family Resource Center, Early Head Start, community childcare programs, Child Action, Alta California Regional Center and school districts. We provide learning opportunities for UC Davis Pediatricians, Sutter Residents, CSUS Early Childhood Special Education Student Teachers and Physical Therapy Interns.

The Individualized Family Service Plan (IFSP)

You and your family are an *essential* part of the IFSP team- a team that works together to develop outcomes for your family and child.

The IFSP is based upon your family's resources, concerns and priorities. The IFSP is a written record of *outcomes* and *services* that are provided to meet your child's early intervention needs. *Outcomes* are statements defining goals for your child and family. *Services* describe which professionals or agencies assist your family in

achieving these goals.

An IFSP includes a written summary of your child's health, growth and development. This summary is based on your observations, team observations and play-based interactions and assessments. Review of the IFSP takes place every six months, or upon family request, at which time we discuss with you the next steps and

coordinate services based on any changes.

Throughout the IFSP process we discuss all areas of your child's development:

- Gross Motor (large muscle movements)
- Fine Motor (small muscle movements)
- Cognitive (thought process, problem solving, learning strategies)
- Receptive Language (understanding)
- Expressive Language (communicating)
- Social/Emotional (bonding, relationships, behavior)
- Self-Help (eating, dressing, potty training, sleep)
- Health (nutrition, education and wellness)
- Vision (using vision or compensatory skills to learn and interact)
- Hearing (education, listening skills, communication options)

We rely on your observations, as well as our own to keep informed about your child's growth and present abilities. When your child is between 30 and 33 months of age, a meeting is held to plan for your child's future educational needs. This meeting is held to develop a plan to transition your three-year-old into services determined by



"Trust yourself. You know more than you think you do." - Benjamin Spock



Mission Statement

We recognize that parents and families are the first and primary teachers of their children. Through a supportive, caring, family-focused relationship, we are dedicated to strengthen and guide the education of children and to provide a link between families and their community.



Support and Services

The Infant Development Program connects children and their families with others through:



- Infant Massage Classes
- Music & Language Classes
- Nutrition Education
- Parent Wellness Events
- Family Support Workshops
- Advocacy
- Transition Support
- Participation in Community activities
- Understanding Early Intervention Services

We...

Support your family's inclusion in the community.

Enhance opportunities for your child to learn from other children.

Work as a team to create strategies for your child to learn through play.



The Infant Development Program works in partnership with:

Alta California Regional Center (ACRC)

(916) 978-6400 www.altaregional.org

ACRC works in a collaborative nature with other social service agencies that also offer individualized supports for people.

WarmLine Family Resource Center

(916) 455-9500 or (844) 455-9517 www.warmlinefrc.org

WarmLine is staffed by parents and provides information, family support, public awareness, advocacy, parent and professional training, resources, parent-to-parent support, and lending library.

"The only way we can be there for our children is to be there for ourselves."

-Anonymous

Thank you for the opportunity to be involved with your family.

*Program referrals may be made by anyone
228-2514/228-2516 or IDPReferral@scoe.net*

Sacramento County Office of Education P.O. Box 269003 – Sacramento, CA 95826-9003

